

USDA Foods Product Information Sheet

For Child Nutrition Programs



100121—Turkey, Deli Breast

Category: **Meat/Meat Alternate**



PRODUCT DESCRIPTION

This item is fully cooked deli-style turkey produced from formed turkey breast meat. This product is shipped frozen in cases containing four individually vacuum-packed deli breasts that are 9-11 pounds.

CREDITING/YIELD

- One case of turkey deli breast provides approximately 403 1.59-ounce portions.
- CN Crediting: Approximately 1.59 ounces of turkey deli breast credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement.

CULINARY TIPS AND RECIPES

- Turkey deli breast can be used in sandwiches made with whole grain-rich bread and topped with a variety of healthy ingredients such as lettuce, tomato, and onions.
- Turkey breast can also be cut up and used as a protein option in dishes such as soups, salads and casseroles.
- For more culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1.59 ounces (45 g)/1 MMA turkey breast

Amount Per Serving

Calories 56

Total Fat 2g

Saturated Fat 1g

Trans Fat 0g

Cholesterol 28mg

Sodium 269mg

Total Carbohydrate 1g

Dietary Fiber 0g

Sugars 0g

Protein 9g

Source: USDA Foods Vendor Labels

Allergen Information: The specification for this product requires that there be no gluten or soy used in the formulation. Please be sure to verify this information using the allergen statement on the product packaging upon receipt. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.